



65 Messimer Dr. (in the back)
Newark, Ohio 43055

Free Peer Support & Advocacy Groups

Phone: (740) 522-1341
 Fax: (740) 522-4464
 E-mail: mhalc@alink.com
 On the Web: www.MHALC.org

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Directions to MHA office from St. Rt. 16. For directions to other locations please call our office.

- * Turn south on Cherry Valley Rd. (at Bob Evans Rest.) for 1½ miles.
- * Turn left at the 2nd light (at the fire station) onto W. Main St. for 0.7 miles.
- * Turn right at the 2nd light (at the CVS Pharmacy.) onto Messimer Dr.
- * Continue to the Moundview Center, 65 Messimer. Bear left at the fork to the rear parking lot and rear entrance. (the front entrance is for Moundbuilders Guidance Center.)

<i>All Free</i>	Group Name	Day Subject to Holidays and bad weather.	Time	Location	Child care?
For Persons Experiencing:	Depression and Bipolar Disorder (in Newark)	Every Sunday.	6:30-8p.m.	MHA 65 Messimer Dr., Newark	No
	Depression and Bipolar Disorder (in Pataskala)	2nd & 4th Thursdays	5-6p.m.	Licking County Family YMCA 355 W. Broad St. (Rt. 16) Pataskala	No
	OCD (Obsessive Compulsive Disorder)	2nd & 4th Thursdays	6:30-8p.m.	MHA	No
	Schizophrenics Anonymous	1st & 3rd Tuesdays	Noon-1p.m.	MHA	No
For Family & Friends	Survivors After Suicide (SAS)	2nd Tuesday	7:00 pm	MHA	No
For Parents	How to Talk so Kids Will Listen....and Listen so Kids Will Talk educational program	Call for schedule. 6 - week group and class based on book by Faber & Mazlish	Day & Evening groups	Locations vary. Call if you want to schedule a program in your neighborhood or church, or another site.	Childcare may be available
Advocacy	Mental Health America of Licking County	Call 522-1341 for information	Ongoing	Licking County	No